# **January Newsletter**

# Health Services Naperville District 203



Greetings from the Mill Street Health Office.

As we start into the next phase of Hybrid Learning this school year, we wanted to share with families what will be different with the health office and what will the same for the students.

What is different this year? Our health office will be occupying two spaces this year.

- Green Health Office: The first space will be in the our current health office. In this area we will be seeing students for:
  - Daily medication
  - Routine daily visits for health needs
  - o Injuries
- Blue Health Office: This space will be in the small room adjacent to the health office. In this area we will be seeing students that are:
  - Feeling ill
  - Experiencing any COVID symptoms- see the self-certification form

#### What is the same this year?

- Student should see us if they are not feeling well
- Students should stay home if they are feeling sick

The Health Staff is here to support your children's health so they can be successful at school. Please reach out to your School's Nurse with any questions or concerns regarding your child's health.

## **Medication Forms and Medication**

To help us be prepared to care for your students in-person, please work with your Doctor to complete the necessary forms if your child needs medication at school. You can drop off, fax, or email the forms to your schools. Please drop off your child's medication at the school office.

## **Links to Forms:**

- Medication Forms
  - Allergy Action Plan
  - Asthma Action Plan
  - o Daily Medication Administration
  - Seizure Action Plan

## **Important Dates**:

- May 17 Dental Exams Due for:
  - Kindergarten
  - 2nd grade
  - 6th grade
  - 9th grade
  - Dental Form

# COVID-19

# **Important Information for Students and Families**

It is important that students and families remain healthy as we enter into the Hybrid Phase. Please read the information below on absence reporting and procedures for ill students at school

## Signs/Symptoms and Absence Reporting:

It is important to continue to monitor for the following symptoms in yourself and those in your household. The following are symptoms of COVID-19.

- Fever or chills: Temp greater or equal to 100.4
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea
- Nausea and/or vomiting
- Abdominal pain of unknown cause
- Any other COVID-19 symptoms identified by the <u>CDC</u> or <u>IDPH</u>

To help ensure all students coming into schools are healthy, It is important if you or anyone in your household is experiencing these symptoms:

- 1. Your student and all siblings stay home and away from other people until your doctor or health provider gives you further instructions.
- 2. If your child is experiencing any of these symptoms or is diagnosed with COVID19, please make sure you share this information with your attendance office.

To ensure the health and safety of all students. We will be monitoring for these symptoms at school. If your child is exhibiting any of the symptoms listed, you will be asked to pick up your child and all siblings per Return to Learn Protocols until:

- There is negative RT-PCR COVID test or
- An alternative diagnosis from an M.D. or
- Your student completes 10 days of quarantine.



You will need to have a copy of the Student Self-Certification form on file for each of your students before your students may attend in-person classes or activities

Below is a link to a health and safety presentation that you and your student can review.

### Resources

**Mustangs Stay Safe Video** 

**Return To Learn Protocols** 

# **Additional Information:**

**COVID-19 Resources** 

**Meal Assistance** 

**Family Resources**